





Monday	Tuesday	Wednesday	Thursday	Friday
1 Mary Kay Spa Party w/Julie Alkire @ 10am Please sign up!	2 Tia Chi 11am	3 Capital Market trip/You must sign up	4 Happy 4 <sup>th</sup> of July CLOSED!! 	5 CLOSED
8 Walk with us 11am	9 Tia Chi 11am	10 Bible Study w/Pastor Lewis Arnold 11am  Come join us!	11 Gentle Yoga 11am  Walmart Day/Sign up	12 Bingo 11:15  Popcorn
15 Walk with us 11am	16 Tia Chi 11am	17 Painting Party! 10:30 w/ Marla Reed Dragon Fly painting Refreshments served \$5 fee at sign up	18 Gentle Yoga 11am	19 No activity... Andi will be in a zoom meeting for the day.
22 Walk with us 11am	23 Tai Chi 11am	24 Bible Study with Pastor Lewis Arnold 11am  Come join us!!	25 Gentle Yoga 11am	26 Picnic Day!! Bingo Sign up! 
29 Walk with us 11am	30 Tai Chi 11am	31 Celebrating July Birthdays w/Banana splits	<b>Note..</b> On the days Andi isn't here the activity could change...	